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# **How To Spend A Perfect Weekend In Luxurious Bal Harbour, Florida**



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White sandy beaches, exclusive shopping, glittering resorts, and world-class restaurants are the hallmark of Miami's luxurious Bal Harbour Village. The exclusive enclave of Bal Harbour is the perfect spot to experience a pampered weekend escape. Bal Harbour is a swanky beach town just waiting for visitors to kick back, relax, and enjoy the good life.

The high-energy South Beach section of Miami is just a short rideshare away from the peaceful, beachy vibe of Bal Harbour, making it the perfect location to relax by day and party by night.





# Things To Do In Bal Harbour

Bal Harbour is, at its core, a beach town, a very luxurious beach town. Gorgeous toes-in-the-sand beaches, yachts-on-the-water fun, highend shopping, and cuisine that will tickle your taste buds.



### **Bal Harbour Beach**

Bal Harbour Beach is a public beach lined with posh hotels, manicured walkways, and all the beach rental needs you desire. Sit back on a cushy lounge chair, sip a tropical drink, and soak up the steamy Florida beach scene and sunshine.

Gorgeous sandy beaches stretch for miles along Miami's coastline.

Quiet and pristine, the beach at Bal Harbour is a mecca for the beautiful people who want to escape the escapades of South Beach.



#### **Haulover Beach Park**

Another great beach is at Haulover Beach Park, one of Miami's fine public parks. Haulover offers guests picnic areas, beaches, boat ramps, and a dog park. It is a fun spot to spend a sunny day just hanging out and enjoying the good life.

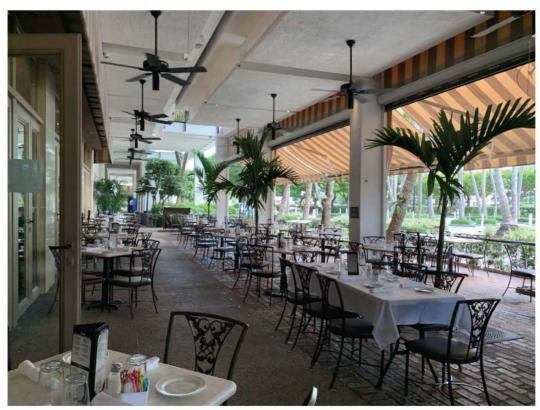
Renowned for more than just a gorgeous, family-friendly beach; Haulover is a clothing-optional beach and is ranked as the 15th best nude beach in the world by CNN.





### **Best Restaurants In Bal Harbour**

Expertly crafted dishes are the rule for every restaurant in Bal Harbour. Visitors expect to dine on the best of the best, and the establishments rarely disappoint. You will find many of the most prestigious restaurants in the high-end luxury hotels that line the beach or in the Bal Harbour Shops. Be sure to keep an eye out for the exceptions like Josh's Deli, where you can fuel up without glamming it up.



OUTDOOR SEATING AT CARPACCIO (PHOTO CREDIT: SANDI BARRETT)

### Carpaccio

Dining at <u>Carpaccio</u> is an opportunity to rub elbows with some of the most rich and powerful people that vacation in this northern Miami enclave. Plates of ultra-thin beef, tuna, and salmon make way for their classic Margherita pizza, all paired with the perfect glass of wine.





#### Josh's Deli

Move over NYC, Miami Beach has its own authentic Jewish deli, Josh's Deli. Huge, delicious sandwiches are the mainstay of the menu; it is a perfect spot to take a beach lunch break. This Surfside establishment will power you up for a night of adventure down in South Beach.

#### **Atlantikos**

Step into Greece and explore the world of ocean-inspired Greek cuisine at Atlantikos. Located in the St. Regis Bal Harbour Resort, Atlantikos offers diners a trip across the waters to where Ouzo and olives grace every guest's table. The Meze plate-style dining affords the opportunity to sample several delicious dishes.

#### Makoto

Makoto delivers a distinct Japanese culinary experience diners will remember long after their final plate. Enjoy a variety of unique dishes by sharing several plates with friends. Start with the Watermelon Ceviche with tuna, white fish, octopus, squid, and cucumber with serrano lime ice. Follow up with Crispy Brussel Sprouts and Shishito Peppers. Finish with the 34-ounce Kurosawa 30 Day Aged Ribeye for a spectacular dining adventure.





### **Shops In Bal Harbour**

Lush tropical greenery fills every empty space, gleaming surfaces reflect the Florida sunshine, and perfectly designed window displays showcase the latest trends. Walkways are lined with palm trees, sprinkled with beautiful fountains and ponds. The boutiques and exclusive shops embody how shopping for luxury goods is meant to be experienced.

If there ever was a mall to stroll through, the <u>Bal Harbour Shops</u> is the one. Tiffany, Alexander McQueen, Balman, Chanel, and every other world-renowned name brand can be found here. Experience luxury shopping at its finest as you peruse couture establishments that will cater to your every shopping whim.

### **Best Hotels In Bal Harbour**

When you are in need of the ultimate pampering getaway, the hotels and resorts of Bal Harbour have everything to fulfill your luxury weekend vacation dreams. From private beach cabanas to butler service, you will never have to lift a perfectly manicured hand. Plan your perfect Bal Harbour weekend getaway at one of these posh resorts where you can get away from it all.



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### The St. Regis Bal Harbour Resort

When you think of world-class luxury, the St. Regis brand is at the top of the list. The St. Regis Bal Harbour Resort exemplifies the luxury beachfront resort ideal. Butler service, private suites with ocean views, sumptuous spa services, and a dazzling atmosphere make a stay at the St. Regis Bal Harbour Resort the lux vacation getaway of your dreams.

### The Ritz-Carlton Bal Harbour, Miami

Steeped in luxury, The Ritz-Carlton Bal Harbour, Miami exudes panache. Secure a two-bedroom, private floor suite when you want to travel incognito. Relax in your own cozy cabana on their private beach for the ultimate in luxurious beach travel accommodations.

### **Sun Harbour Boutique Hotel**

The <u>Sun Harbour Boutique Hotel</u> is located steps from the beach and offers guests one- and two-bedroom apartments with a partial kitchen. The center court pool is an inviting alternative when you need a break from the gorgeous beach. Close to all the luxury action for a fraction of the cost, the Sun Harbour Boutique Hotel is a great getaway option.



#### Vrbo On The Beach

If it makes more sense to have a home-style stay check out this <u>Vrbo</u> on the beach. The unit has two bedrooms with en-suite baths. Two balconies have panoramic views offering an uber posh space to relax and enjoy the view.

## **Pro Tips**

Bal Harbour is an oasis on the beach away from the hustle and bustle of Miami's party scene. When you want to experience all the action, go to South Beach and enjoy the party. Then return to the luxurious oasis of Bal Harbour to rest and rejuvenate.

For more great tips about the Miami area, check out How To Spend
The Perfect Weekend In Miami: Where To Eat, Stay, and Play. Then,
when you are ready to get out and try some authentic Cuban cuisine,
this list of restaurants will get you off to a great start, 12 Best
Authentic Cuban Restaurants To Try In Miami, Florida.

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VIEW FULL PROFILE

Sandi is a freelance writer who specializes in travel, food, wine, and bespoke fashion. After a long career in marketing, she has semi-retired and enjoys traveling with her husband, visiting her three daughters,...